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LEADER (Chairman, or decided on by members present): Welcome to this meeting of Sexaholics Anonymous (SA). My name is <NAME> and I'm a recovering sexaholic.

SA is an anonymous fellowship of men and women based on the 12 Steps and 12 Traditions of Alcoholics Anonymous (AA). SA's share their experience, strength, and hope with each other to help recover from their common problem of sexual addiction. The only requirement for membership is a desire to stop lusting and become sexually sober.

This is a closed meeting for those desiring their own personal sexual sobriety. If you are not a sexaholic, respectfully please excuse yourself now.

No use of mobile devices is permitted, including texting. Please set them on silent.

LEADER, ask if newcomers are present, and if so: If you're a newcomer, we welcome you to our meeting. We suggest you listen to what is said. We welcome you to share, although you don't have to unless you feel ready. We suggest that you attend at least six meetings before deciding if SA is right for you.

LEADER, ask for volunteers to read the following, thanking each reader by name afterwards: The White Book, "The SA Purpose" on page 201, and "What is a Sexaholic" on page 202; or "The Problem" on page 203.

Let's take a moment to sit quietly, connect with our Higher Power, or think about why we are here, followed by the serenity prayer.

Please join me in the Serenity Prayer:

God, grant me the serenity,

to accept the things I cannot change,
courage to change the things I can,
and the wisdom to know the difference,
Thy will, not mine, be done.

Let's take a moment to briefly introduce ourselves by first name only, and if you care to, state the length of your sexual sobriety or sobriety date. You may also add your MO's. There will be time later to share in more detail. I'll begin, and we'll go around the room to my left.

At this meeting, we use only SA or SA-approved literature. In sharing and discussion, we avoid topics that could lead to dissension or distraction. Please avoid using sexually explicit descriptions or abusive language of any kind. No cross-talk please (that is: no interrupting, questioning, speaking out of turn or directly addressing another's sharing). We focus on sharing our experience, strength and hope gained through this program and not on solving others' problems or giving advice. Sharing should be honest and focused on the solution. If you feel another is getting too explicit, or triggering you somehow, signify that by raising your hand, and the moderator will call a halt to the share.

This is a <MEETING TYPE> meeting. As we read our literature and share our experience, strength, and hope, we have adopted several principles to keep the meeting focused on and conducive to recovery for everyone:

- shares are usually limited to 3 minutes, at the discretion of the moderator. Would someone volunteer to be our timekeeper?
- we allow double-dipping, just be mindful that we want to give everyone an opportunity to share.
- the moderator can request that a share "get back on topic" or start wrapping up.
- folks can share on the reading, a recovery topic of their choice, or can just get current.

<READINGS AND SHARING>

To end the meeting: it's time for our seventh tradition. While we have no dues or fees, we are self-supporting through our own contributions to cover expenses, including the cost of the room, literature, chips, intergroup, etcetera. Please give what you can, keeping in mind your presence here is more important than your money.

While we pass the basket, are there any announcements directly pertaining to SA or this meeting?

This is a chip meeting; would someone volunteer to do the chips?

We'd like to celebrate the continued sobriety of all our fellow SA members. Does anybody have a sobriety milestone or anniversary they'd like to share and celebrate with us?

When a chip is given: Please tell us your name and how you did it. We also pass the chip around for everyone to hold before giving it to the celebrant.

How about celebrating the most important day, today? Is there anyone who would like a 24 hour chip to celebrate 24 hours of sobriety, or to commit to their sexual sobriety?

Our primary purpose is to stay sexually sober and to help others achieve sexual sobriety. Our experience teaches us that working the Steps, attending meetings, and giving and receiving sponsorship, are key elements to maintaining our own sobriety.

If anyone is able to be a sponsor today, please raise your hand. If you need a sponsor, see one of the persons raising their hand or myself after the meeting.

This is an anonymous program. Please keep the name, address and phone number of anyone you meet or learn about in SA to yourself. Remember, what we say here, let it stay here.

LEADER, ask someone to read "A Vision for You" on page 210, If time permits, add or substitute "The solution" on pages 204-5

Thanks everybody who joined us tonight, and thanks to everyone who read or shared. Thanks <TIMEKEEPER> who volunteered to be our timekeeper. And finally, thanks for letting me be of service in leading this meeting. Would anyone like to lead next week's meeting?

Let's take a moment for the sick and suffering addict in and outside these rooms. If there is someone you want to pray for, you can mention their first name now.

I'd like to ask <PERSON> to lead us in closing prayer. Volunteer chooses prayer, usually including the SerenityPrayer.

Keep coming back! It works if you work it so work it you're worth it! It won't if you don't! One day at a time. Tomorrow's too late.